COUGAR SOFTBALL PITCHING LESSONS
at Misericordia University

Group Pitching Lessons

Dates: June 2010-Aug 2010

About the Lessons: These lessons are perfect for families as well as teammates that want to learn in a group atmosphere. YOU MUST FORM YOUR OWN GROUPS PRIOR TO CALLING TO SCHEDULE. The lessons feature group instruction for the entire hour from head softball coach Jen Probst. The lessons can cover the fundamentals of windmill pitching as well as more advanced fine tuning of various pitches such as change-up, drop, curve, screw, and rise for experienced pitchers. Trouble shooting as well as drills will be provided. Lessons will be tailored to the skill level of the pitcher and are available for beginner to advanced pitchers. Not everyone in the group has to be at the same level of pitching skill. Each pitcher must provide their own catcher (can be a teammate, parent, or coach).

Cost:
Group of 2: $40 ($20/pitcher)
Group of 3: $45 ($15/pitcher)
Group of 4: $52 ($13/pitcher)

Make Checks Payable To: Jen Probst

Location: Misericordia Softball Field

What to Bring: Catcher (mask needed for a student catcher) and Glove. Balls can be provided.

Individual Pitching Lessons

Dates: June 2010-Aug 2010

About the Lessons: The lessons feature one on one instruction for the entire hour from head softball coach Jen Probst. The lessons can cover the fundamentals of windmill pitching as well as more advanced fine tuning for experienced pitchers, of various pitches such as change-up, drop, curve, screw, and rise. Trouble shooting as well as drills will be provided. Lessons will be tailored to the skill level of the pitcher and are available for beginner to advanced pitchers. Each pitcher must provide their own catcher (can be a teammate, parent, or coach).

Cost: $30/hour session

Make Checks Payable To: Jen Probst

Location: Misericordia Softball Field

What to Bring: Catcher (mask needed for a student catcher) and Glove. Balls can be provided.

CALL TO SCHEDULE:
Coach Jen Probst  570-674-3066
Misericordia University
301 Lake Street
Dallas, PA 18612